AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Creamy Garlic Pasta (V)	Sweet Potato & Lentil Curry with Wholegrain Rice (VE)	Cheese and Onion Pie with Roast Potatoes (V)	Yellow Vegetable Curry with Wholegrain Rice (VE)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 2	Margherita Pitta Pizza with Potato Wedges (V)	Chicken Meatball Sub with Herby Diced Potatoes (H)	Roast Chicken with Roast Potatoes, Stuffing and Gravy (H)	Lasagne with a Garlic Doughball (H)	Fish Fingers with Chips
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI — OPTION 4	Cheese and Tomato Panini (V)	Tuna and Cheese Panini Melt	Cheese Panini (V)	Cheese and Tomato Panini (V)	Tuna and Cheese Panini Melt
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Lemon Cookie (VE)	Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	Yoghurt and Fruit

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES – OPTION 1	Vegan Meatball Baguette with Potato Wedges (VE)	Beany Vegetable Burger with Potato Wedges (V)	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy (V)	Vegetable Korma with Wholegrain Rice (VE)	Quorn Dippers with Chips (VE)
HOT DISHES – OPTION 2	Margherita Pitta Pizza with Potato Wedges (V)	Beef Burger with Herby Diced Potatoes (H)	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy (H)	Chicken and Sweetcorn Pie with Mashed Potato (H)	Fish Fingers with Chips
HOT DISHES – OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI – OPTION 4	Cheese Panini (V)	Cheese and Tomato Panini (V)	Tuna and Cheese Panini Melt	Cheese and Tomato Panini (V)	Cheese Panini (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Chocolate Cookie (VE)	Strawberry Ice Cream	Apple and Berry Crumble with Custard	Chocolate Fudge Cake	Yoghurt and Fruit

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_182_025146

COM2904.002 Chartwell Primary New Menu A3 Template_Week 1-4_4 Choice_AW.indd 1 20/05/2026 16:54

AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti (V)	Chinese Vegetable Noodles (V) (Nutritionist's Choice)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V) (Wholegrain)	Chicken and Broccoli Pasta Bake with Garlic Bread (Wholegrain) (H)	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy (H)	Hunters Chicken with Potato Wedges (H)	Fish Fingers with Chips
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI — OPTION 4	Cheese Panini (V)	Tuna and Cheese Panini Melt	Cheese and Tomato Panini (V)	Cheese Panini (V)	Cheese and Tomato Panini (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Oat Cookie with Fruit (VE) (Fruity!)	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

AVAILABLE DAILY

- **FRESH FRUIT, SALAD, YOGHURT AND WATER**
- **BAKED POTATOES** With a choice of topping (V) (Oily Fish)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice (H) Halal Available

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