ALLERGY AWARE MEAT

SPRING/SUMMER 2024



This menu contains **MILK, FISH, SOYA & SULPHITES**

If a pupil has a food allergy or intolerance to MILK, FISH, SOYA OR SULPHITES they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.







STOP AND THINK! Have you completed the double-checking confirmation sheet?

ALLERGY AWARE MEAT WEEK 1

W	/C 15	/04	06/05	27	/05.	17/	06.	08/0	17
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Chicken Burger 93208018 (H) with Potato Wedges 93156646	BBQ Chicken 93146453(H) with Roast Potatoes 93035127	Turkey Con Chilli 93267107 (H) with Wholegrain Rice 93035026	SD Gluten Free Fish Fingers CONTAINS FISH 93166795 with Chips 93040525		
Jacket Potato	Jacket Potato with Baked Beans 93034839 Jacket Potato with Cheese CONTAINS MILK 93041021						
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286						
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR						
Dessert	Forest Fruits Jelly 93290177	SD Crispy Crackle Bar CONTAINS GF OATS & BARLEY MALT EXTRACT 93174985 with Fruit Slices 93040542	SD Orange and Sultana Crispie CONTAINS GF BARLEY MALT EXTRACT 93177935	SD Flapjack CONTAINS GF OATS 93165520	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798		
Alternative Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113						

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR





W/C 22/04, 13/05, 03/06, 24/06, 15/07

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ALLERGY AWARE MEAT WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	Beef Bolognese 93041772 (H) with SD Gluten Free Pasta CONTAINS SOYA 93163235	Roast Chicken 93173148 (H) with Roast Potatoes 93035127 and Gravy 93034775	SD Butter Chicken 93240965 (H) with Wholegrain Rice 93035026	SD Gluten Free Fish Fingers CONTAINS FISH 93166795 with Chips 93040525		
Jacket Potato	Jacket Potato with Baked Beans 93034839 Jacket Potato with Cheese CONTAINS MILK 93041021						
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286						
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR						
Dessert	SD Crunchy Chocolate Biscuit CONTAINS GF OATS 93219823	SD Banana & Carrot Muffin 93197073	Orange Jelly 93290176	SD Apple Oat Bite CONTAINS GF OATS 93196789	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798		
Alternative Dessert			Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR





W/C 29/04 , 20/05, 10/06, 01/07, 22/07

STOP AND THINK! Have you completed the double-checking confirmation sheet?

ALLERGY AWARE MEAT WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	Beef Bolognese 93041772 (H) with SD Gluten Free Pasta CONTAINS SOYA 93163235 NO GARLIC AND HERB BREAD	Roast Chicken 93173148 (H) with Roast Potatoes 93035127 and Gravy 93034775	SD Chicken and Broccoli Pasta Bake CONTAINS SOYA & GF OATS 93289312 (H)	SD Gluten Free Fish Fingers CONTAINS FISH 93166795 with Chips 93040525		
Jacket Potato	Jacket Potato with Baked Beans 93034839 Jacket Potato with Cheese CONTAINS MILK 93041021						
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286						
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR						
Dessert	SD Chocolate Brownie CONTAINS SULPHITES 93196787	Strawberry Jelly 93290175	SD Banana Muffin 93196788	SD Cookie CONTAINS GF OATS 93290178	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798		
Alternativ e Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113						

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR