



Summer Term P.E. Newsletter



My Athlete of the Term

The picture is of Joe Roebuck who is a GB Olympic swimmer. He has also been ten times British Champion, double Commonwealth silver medallist, double European medallist and London 2012 Olympic semi-finalist. His events are the 100m and 200m Butterfly and the 200m and 400m Individual Medley. Go, Joe!

A warm welcome to our Phoenix Infant Academy summer term newsletter.

The Invictus Athlete Event



We raised £1,064 as part of this event. Well done everyone! This is a great success and will enable us to buy lots of new PE equipment for the whole school such as football goals.

Up and coming international sports events

- 1) Wimbledon will begin on 27th June
- 2) The Commonwealth Games start on 28th July



Dan the Skipping Man

We had a visit from Dan the Skipping Man in May. Dan showed the children how to skip and encouraged them to use this new skill regularly. This is a skill that they can easily practice at home and it is a good way to help the children's overall fitness.



Commonwealth Games Sports' Day

Our school sports' day will take place on Friday 1st July. The event will be held on Godolphin Junior Academy's field and we encourage all parents to attend. We will let you know the times near to the day.

The Skipping Sikh

We also welcomed the skipping Sikh to our school. The children were excited to meet the 70 year old who encouraged all of our children to do their best in school and with sports activities.



Fun Sports Activities During the Summer Holidays

During the summer holidays you can help your children stay fit and healthy by having fun as a family. Why not try:

- ✓ Practicing skipping
- ✓ Playing in the park with a ball
- ✓ Having a running race
- ✓ Going on a treasure hunt!



On a final note, enjoy the up-and-coming summer holidays. Remember to keep hydrated, wear sun cream and a hat whilst having fun!

Miss Nelhams, P.E. Lead

