



MONDAY

Tuna & Cucumber Sandwich or Cheese Salad Sandwich or Ham Sandwich

+

Whole Fruit

+

Chocolate Brownie

+

Fruit Juice

TUESDAY

Ham Sub Roll or Cheese Sub Roll or Tuna Mayo Roll

+

Vegetable Crudités

+

Shortbread

+

Fruit Juice

WEDNESDAY

Tuna & Cucumber Sandwich or Cheese Salad Sandwich or Ham Sandwich

+

Whole Fruit

+

Flapjack

+

Fruit Juice

THURSDAY

Ham Sub Roll or Cheese Sub Roll or Tuna Mayo Roll

+

Whole Fruit

+

Fruit Yoghurt

+

Fruit Juice

FRIDAY

Tuna & Mayonnaise Sandwich or Cheese Sandwich Or Ham Sandwich

+

Vegetable Crudités

+

Chocolate Cookie

+

Fruit Juice

